

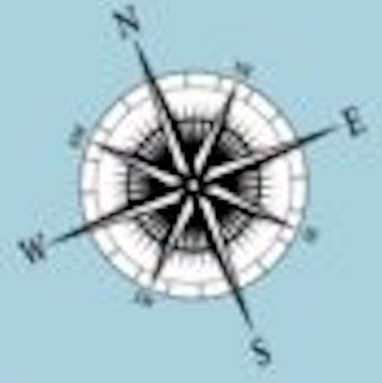


SPRINT SWIM - 750m



2 Laps

SPRINT CYCLE - 20km



SPRINT RUN - 5km