



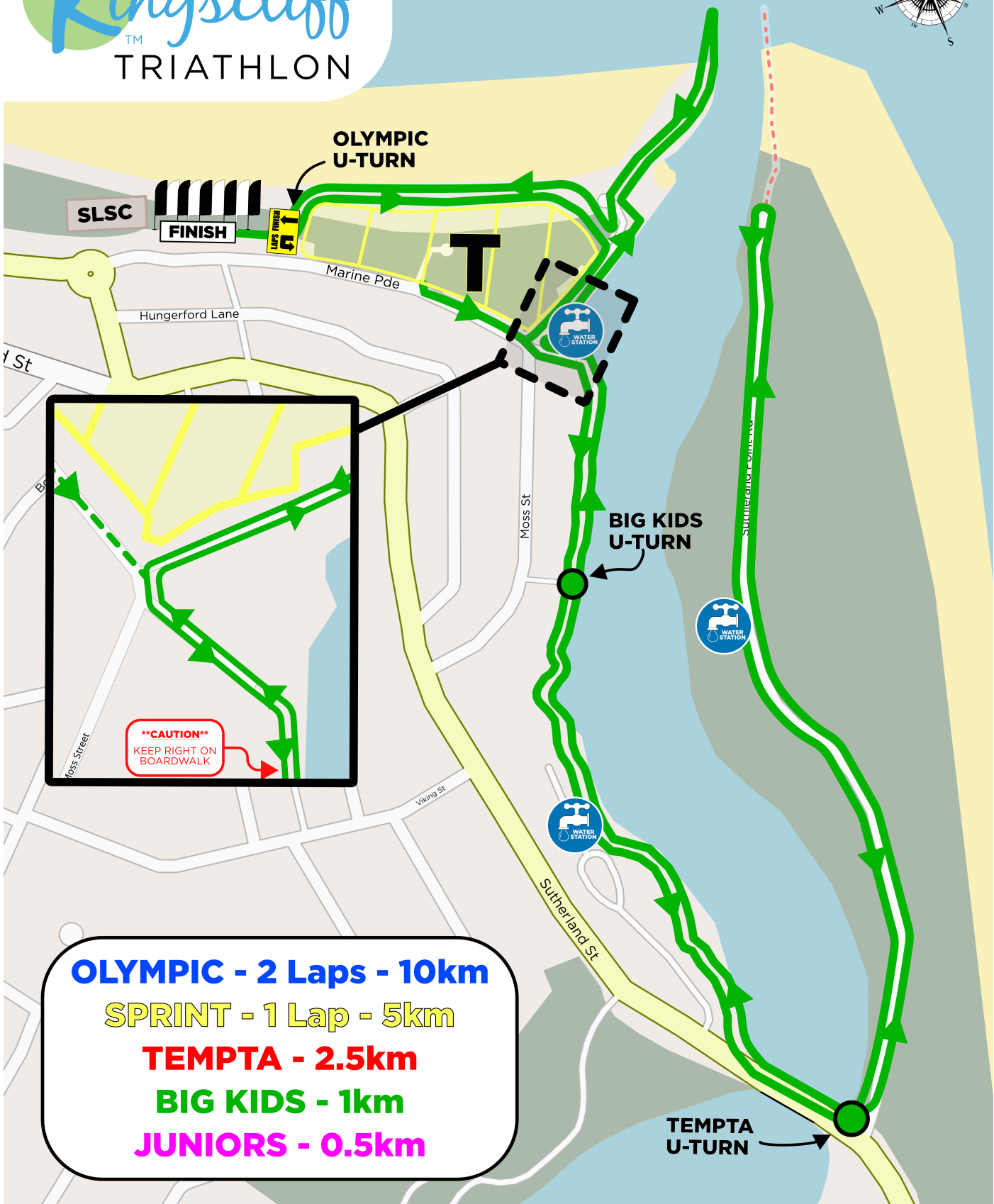
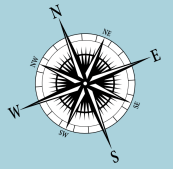
- OLYMPIC - 1500m**
- SPRINT - 750m**
- TEMPTA - 300m**
- BIG KIDS - 200m**
- JUNIORS - 100m**

# SWIM



- OLYMPIC - 4 Laps - 40km**
- SPRINT - 2 Laps - 20km**
- TEMPTA - 1 Lap - 10km**
- BIG KIDS - 6km**
- JUNIORS - 3km**

# CYCLE



**OLYMPIC - 2 Laps - 10km**  
**SPRINT - 1 Lap - 5km**  
**TEMPTA - 2.5km**  
**BIG KIDS - 1km**  
**JUNIORS - 0.5km**

# RUN